

From the Activities Center

Love is in the air! February is a wonderful time of year to celebrate those that are special to us in our lives. Here in the activity center, we have many fun activities planned for all the festivities of this month.

One activity in particular that we are very excited about is our Valentine's Day Prom. We hope you all will be in attendance to join in on the fun. You can read more information about this event in this newsletter.

We have had many requests for new activities recently. Two in particular have been highly requested, so we have put them on the calendar for this month: karaoke and a talent show. Both of

these activities are for residents and staff to enjoy! We highly encourage staff/resident collaboration, especially for the talent show, which will take place at the end of the month. We can't wait to see everyone's amazing talents.

As always, we have multiple musical entertainment guests scheduled for this month, as well as fun crafts, delicious cooking classes, and so much more! If you have not come to our activities or have been debating on trying one out, we highly encourage you to come and participate! We are always welcoming new smiling faces, and want to make your time here as fun as possible! *Katie & Ibette*

VALENTINE'S DAY PROM

Happy Valentine's Day! We will be having a Valentine's Day Prom on February 14th starting at 2pm to celebrate this LOVELY holiday. This super fun event will take place in our main dining room with fun music, delicious treats, and a photo booth! We will also be nominating a prom king and queen! You can scan the QR code below and nominate who you think deserves to be king and queen. Our top three nominees will be our finalists, and during our prom we will have the final votes cast.

Make sure you put on your fanciest outfits and join us for a good time! If possible, have a family member bring a nice dress or shirt for the dance so you can look your absolute best for the party!

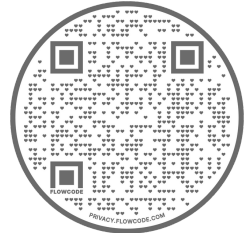
WHITE-BREASTED NUTHATCH BY BRIAN STUFFLEBEAM

A common winter feeder bird in Oklahoma with clean black, gray, and white markings, White-breasted Nuthatches are active, agile little birds with an appetite for insects and large, meaty seeds. They get their common name from their habit of jamming large nuts and acorns into tree bark, then whacking them with their sharp bill to "hatch" out the seed from the inside.



White-breasted Nuthatches may be small but their voices are loud, and often their insistent nasal yammering will lead you right to them. If you see a White-breasted Nuthatch making lots of quick trips to and from your feeder – too many for it to be eating them all – it may be storing the seeds for later in the winter, by wedging them into furrows in the bark of nearby trees. The oldest known White-breasted Nuthatch was at least 9 years, 9 months old when it was found in Colorado.

Happy Valentine's Day



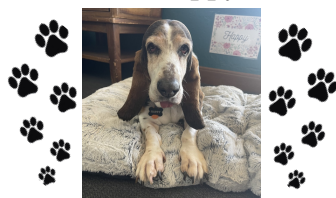
PRAYER REQUEST

Are you in need of a prayer request? We have a pastor, Brad Neece, that will start coming to our facility to help with all your prayer needs. Whether they are physical, emotional, or spiritual needs you need prayers for, Brad will help guide you through prayer. He will make room visits to anyone with prayer requests. If you are interested, let Katie or Ibette in Activities know so they can notify Brad.

HAPPY REMINDERS

Please try your best to refrain from giving Happy any people food. One bite is okay, but keep in mind she visits everyone in the facility. That's a lot of food for a little tummy! We know it's hard to resist those adorable eyes, but we don't want her getting sick.

We have started to provide bags of treats to all residents that request it. These treat baggies can be found in the Activity Center at the end of Hall 2. Just ask Katie, one of the Activity Directors, for some treats for Happy and she'll get them to you right away!



Happy Birthday

2/1 Geraldine Williams	2/18 Robert Barber
2/3 Linda Katchem	2/19 Michael Korngute
2/4 Garreline Jurko	2/23 Bernal Powers
2/14 Pauline Morgan	2/25 Judy Murphy
2/17 Margaret Norris	2/26 Patti Dobelbower
2/18 Gary Porter	2/28 Shirley McGugan